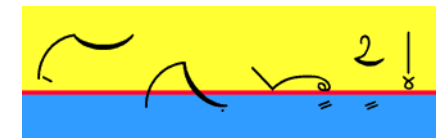
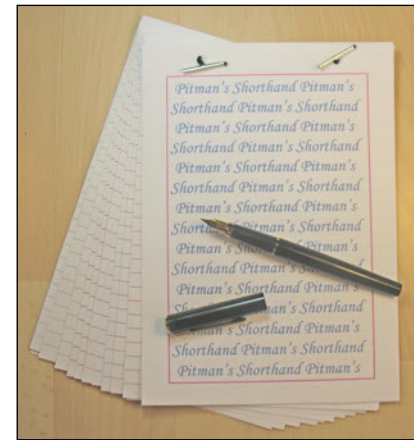
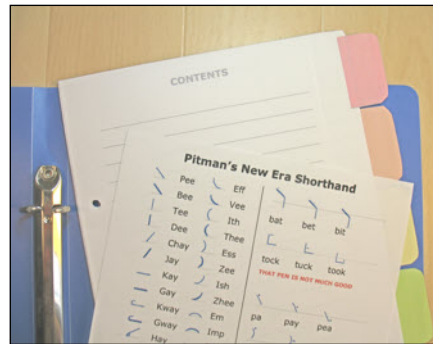


PRINT YOUR OWN SHORTHAND NOTEPAD

CONTENTS

- [2](#) Colours test page
- [3-16](#) Lined sheets in 14 colours
- [17](#) Numbered lines
- [18](#) Strokes Reminder list colour
- [19](#) Strokes Reminder list black
- [20-23](#) Covers
- [24-30](#) A5 ring binder tabs



PDF & JPG/GIF free download from
www.long-live-pitmans-shorthand.org.uk

© Beryl L Pratt

26 March 2010

- **Save costs – an incentive to regular and cheap drill practice**
- **Save your time ruling margins**
- **Consistent line length (10 cm) and vertical spacing (8 mm)**
- **Your own choice of paper quality**
- **Choice of line colours to improve legibility/prevent eye-strain**
- **Numbered lines page for speed self-tests. Write the same one-line sentence down the page for one minute, multiply words in the sentence by number of lines to calculate your wpm.**
- **Strokes Reminder list always to hand. Print it double-sided for inclusion in the pad, or laminate two sheets back to back for instant reference whilst studying.**

DRILL BOOK

This notepad is intended only for shorthand drill practice. The loose binding of the sheets makes it unsuitable for exams or class/office dictations.

As well as preparing the pads with drill material, you can also build up a reusable stock by writing the drill sentences on the uncut A4 sheets, as masters for producing ready-made drill books. **Double check the shorthand for accuracy before producing in quantity.**

Reserve the first and last blank pages of each pad for notes of outlines requiring further attention, which are then easily removed before the pad is thrown away. Covers and Strokes Reminder lists can be reused.

SHORTHAND RESOURCE FILE

Keep pages in an A5 ring binder to build up your own dictionary, phrases, theory notes, drill sentences and shorthand reading passages. Use the right margin of the lined pages for headings, as a quick find index. Tab pages: left hand side for section dividers, right hand side for section contents list.

PRINT

Page 2 is multi-coloured so you can test for preferred colour. Try the paper with your ink pen – a smooth paper can sometimes be very absorbent and unsuitable. Ensure that the line distance has printed at 8 mm and adjust your printing options if the page has been shrunk to fit printer margins. Your nib may over time pick up photocopier/laser toner particles from the page, so you may prefer to use the pale grey lines to minimise this risk. Use and edit the GIFs to create pages that suit your preferences in size and colour.

CUT

Cut in half for A5 pad. Two margins are given, to keep the writing line length at 10 cm, which is what you would have on the average spiral pad after ruling your left hand margin. Keeping to this 10 cm line length will maintain good writing habits for when you return to using spiral pads. Switching between different line lengths may upset your acquisition of a good writing rhythm.

Pocket-sized A6 drill books should be made by cutting across the A5 page, so that the writing width remains at 10 cm.

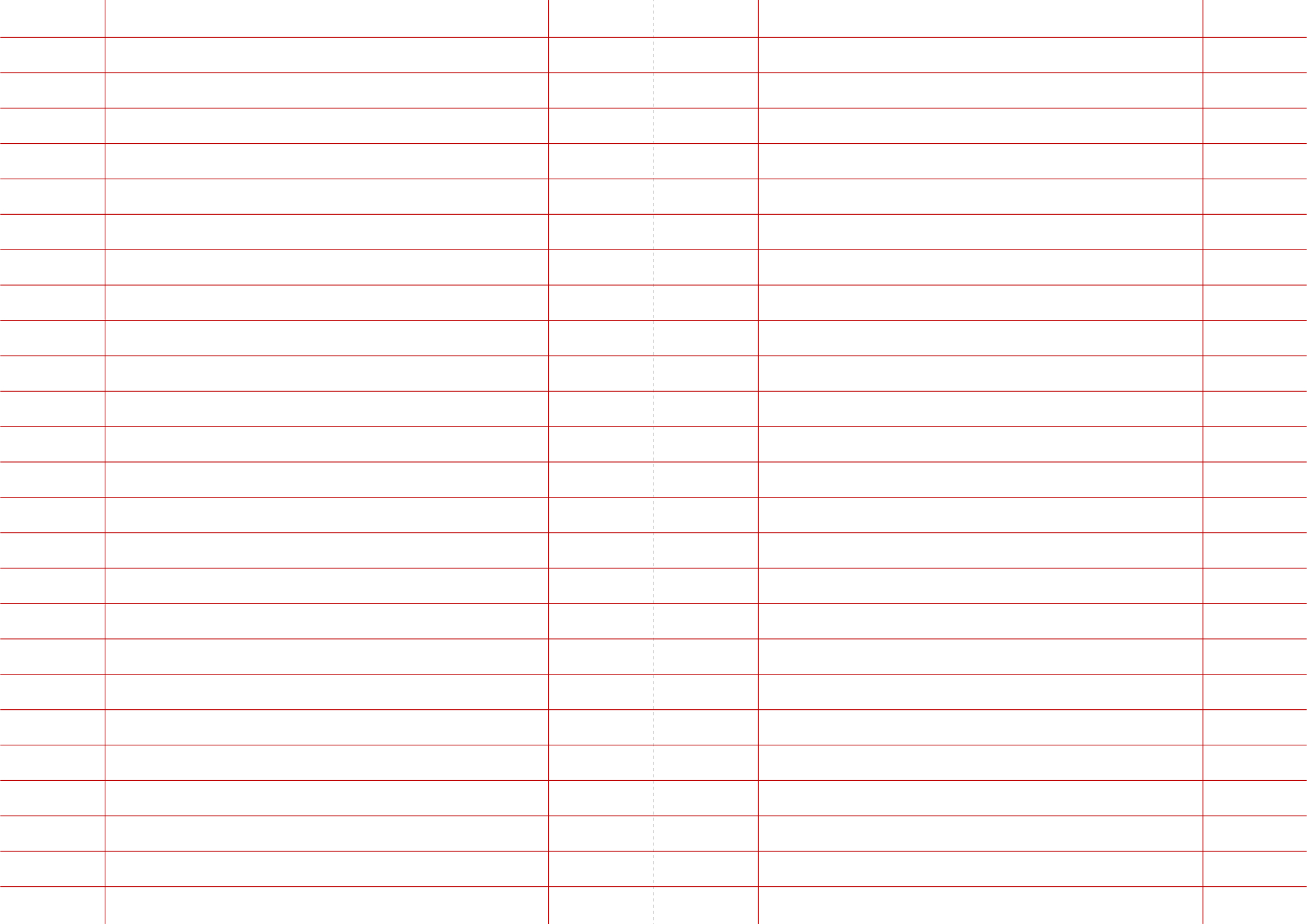
MAKE UP

One hole in top left hand corner gives the easiest page turning, two holes at the top for neater appearance. A long treasury tag or smooth thin nylon cord lets the paper turn easily, so long as the binding is kept very loose.

Laminate a “sandwich” of cover page, thick card and Strokes Reminder list and use at each end of the pad. This means you can always turn up the sheets to see the Reminder list at any time, whichever side of the pad you are using. Sturdy covers enable the pages to be held in an elastic band without bending. Cover pages are not necessary at home, but for elsewhere they present a neater appearance, advertise your skills, and identify the writing within as shorthand, to avoid any misinterpretations in public areas. Any shorthand image from the website can be used to create your own cover design.

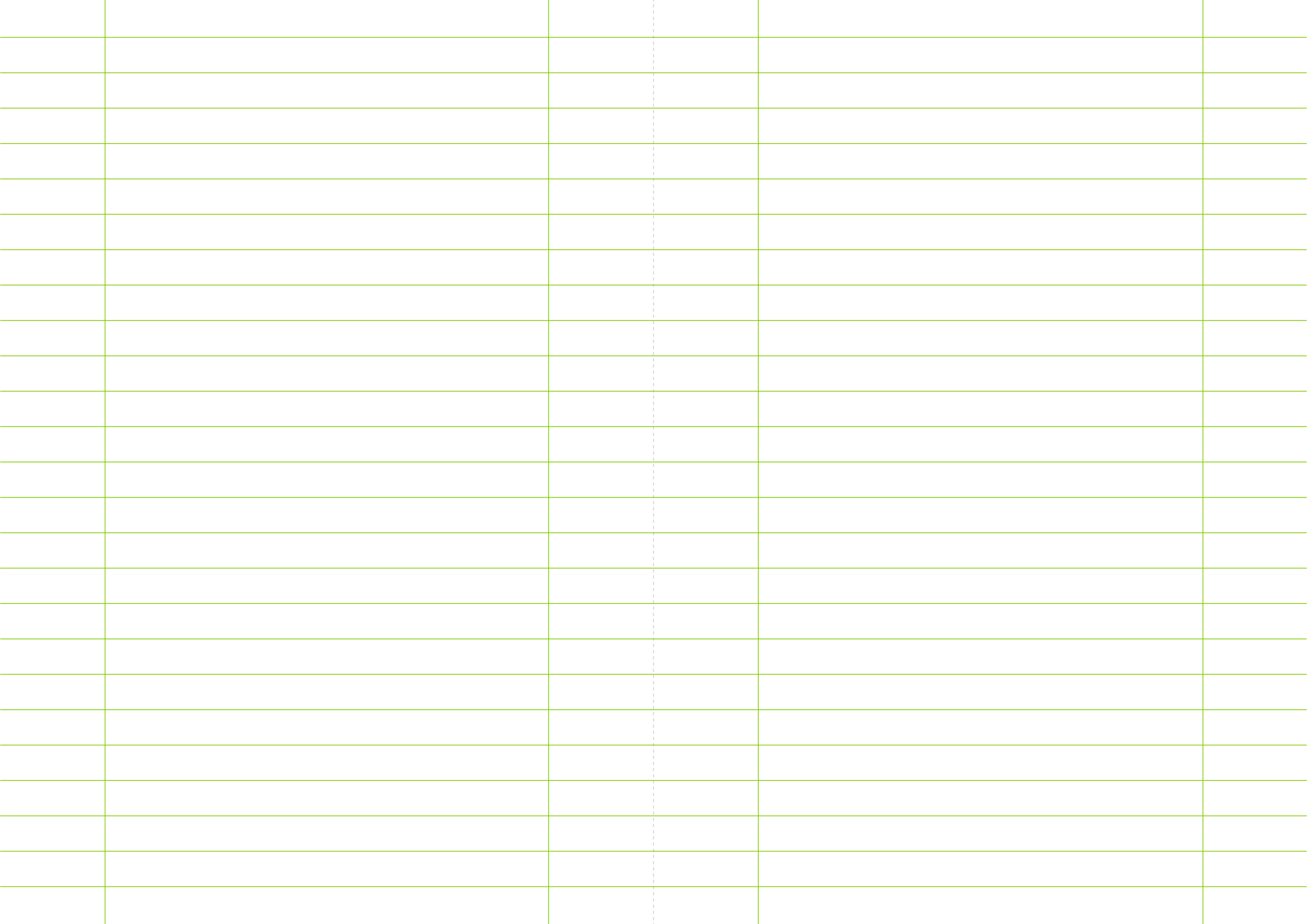




















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Pitman's New Era Shorthand

	Pee		Eff
	Bee		Vee
	Tee		Ith
	Dee		Thee
	Chay		Ess
	Jay		Zee
	Kay		Ish
	Gay		Zhee
	Kway		Em
	Gway		Imp
	Hay		En
	Way		Ing
	Hway		
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	Ell		
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	Ray		

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tock tuck took

THAT PEN IS NOT MUCH GOOD

pa pay pea

saw so sue

PA MAY WE ALL GO TOO

by boy out few

I ENJOY LOUD MUSIC

payer poem

DOT DOWN, DASH UP

pray play pen pave option passion

spay spray splay pays pens paves

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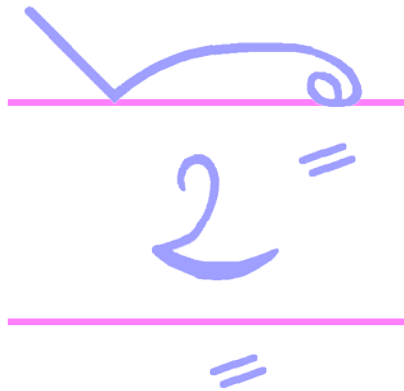
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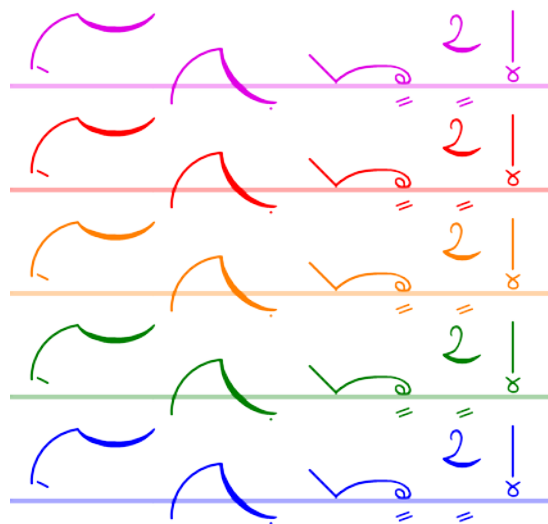
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spay spray splay pays pens paves

*Pitman's
New Era
Shorthand*



Pitman's New Era Shorthand





Flying Fingers

Pitman's New Era Shorthand

